

## **Rules and regulations for the Motu Challenge Multisport event, Moto 160, Motu Duathlon and Mini Motu**

Declaration accepting the terms and conditions of entry

This declaration outlines the terms and conditions that all participants accept when completing their entry forms (online or paper entry).

1. That we (all team members or individual) have read and understood the Rules of the Challenge, and agree to be bound by them including any modifications subsequently advised prior to the race or contained in the race pack(s).
2. That participating in the Challenge might cause serious injury, damage to property, cause trauma to friends and family spectating.
3. That we participate in the Challenge entirely at our own risk.
4. That we will not make any claim against organisers, sponsors or its agents for any injury in connection with our participating in the Challenge, regardless of how the injury, damage, loss or expense occurs whether through the negligence of organisers, sponsors or their agents.
5. That we shall advise the organisers of any existing medical condition that may affect us and consent to receiving any medical attention which organisers or its officials deem necessary in the circumstances.
6. That any photos and videos taken of us together with our names may be used by Multisport Opotiki Inc. and its sponsors for promotional purposes.
7. That we indemnify event organisers, sponsors and their agents against all claims, damages, losses or expenses which they may incur as the direct or indirect result of any injury, damage to any property, trauma to my friends and family.
8. That we are aware of and understand the Challenge rules in relation to late entries and no refunds.
9. We acknowledge that the Challenge judges' decision shall be final.
10. I am the authorised agent of any member of my team.

### Eligibility to Compete

- Entries are open to individuals, two, to six person teams.
- For the Motu Multisport Challenge, the Motu 160 and the Motu Duathlons competitors must be 18 years of age or over, unless competing in a team.
- Signed consent from a parent or guardian will be required for competitors under 18 years of age. Mini Motu participants under the age of 18 will also need the signed consent of a parent or caregiver.
- With two person teams – one person may compete in up to three stages.
- Mixed teams must include at least one member of each gender.
  - A registration form must be completed for each competitor or team and the entry fee paid by the closing date for entries.
  - The declaration form must be completed by or on behalf of every competitor.
  - All kayak and kayak gear must be treated for Didymo.

### Medical Conditions and Treatment

All competitors with existing medical conditions that may affect them during the Challenge must notify officials in writing before the Challenge begins. The official doctor or any other Challenge official shall have the absolute right to withdraw any competitor they consider unfit to continue. Participation in the Challenge constitutes consent by each competitor to receiving any medical attention that organisers or officials may consider necessary or desirable in the case of apparent illness, injury or accident.

## Withdrawals

No refunds will be issued for withdrawals; however, under exceptional circumstances and at the race director's discretion, an entry may be deferred to the following year. Please contact the race organisers for more information.

## Refunds

There will be no refunds. However, at the discretion of the race director, an entry may be deferred to the following year.

## Event cancellation or change of course

In the event of any 'Act of God' causing a cancellation of the event, the total entry fee is non-refundable. The event may take place in all weather; however, a course change may be made at the discretion of the race director. This decision will be made in the case of poor weather or other circumstances beyond the control of the event manager and associated organisers.

## Race Number

Competitors must wear the issued bib in all stages of the race and it must be clearly visible at all times. Bibs must be worn on top of all garments and other equipment (e.g., life jacket, water pack, windproof jacket, etc.). The wearing of a bib with the number partly or wholly obscured will result in the competitor or the competitor's team being disqualified. Team members must not remove numbers until they are inside the transition area. Kayak stickers are compulsory.

## Mountain Bike & Road Bike Stages

Competitors on any bike stage may use any type of road bike/mountain bike except recumbent. No pods or fairings are allowed. Competitors will not be allowed to change bikes during a stage. (All bikes used to start the stage must be the ones the competitors use throughout the duration of the stage). Competitors must obey the road code at all times. All competitors must dismount their bikes before entering transition areas. All competitors must make their own repairs; no outside help is permitted. Competitors should have bunch-riding experience. Bike helmets must be worn in all bike stages, and must be NZ Safety Standards approved or USA Z 90.4 Standard.

## Run Stage

For safety reasons, only one competitor will be permitted on the Motu Fall's swingbridge at one time. NO RUNNING is permitted on the bridge. Any competitor seen running will be given a time penalty. A Department of Conservation observer will be present at the bridge. No dogs are permitted at Motu Village.

## Kayak Stage

Competitors should be competent paddlers to a minimum Grade 2+ standard, be water confident and capable of self-rescue. Competitors must wear approved helmets and buoyancy vests, and display a kayak sticker. It is recommended a full set of polypropylene and booties are worn. Competitors will not be allowed to change kayaks during this stage. All kayaks must contain some form of floatation e.g. airbags & all kayaks must have front tow loops. The committee strongly

recommend that competitors paddle this river prior to race day. All kayaks and kayak gear must be treated for Didymo.

#### Cut Off Point

All competitors must be in kayaks and on the river at Oponae by 3.15pm. Due to operational and safety requirements, competitors will not be allowed onto the river after the cut-off time.

#### Transitions/Supplies For Competitors

Nutritional requirements can only be given to competitors between stages in transition areas. Water will be supplied at the half and two-thirds mark in the run stage.

#### Road Closures

The Motu Coach Road will be totally closed at both ends to all vehicular traffic apart from authorised safety and news media vehicles. Competitors must be aware that the road closure applies to residents within the closed section but the race organisers have no control over anyone who chooses to disobey the road closure so competitors must still be alert for unauthorised users.

All supporters and spectators must use the Waioeka Gorge (State Highway 2) route to Motu School. Support crews travelling to Motu School are to leave kayaks at the Stage 3-4 transition area at Oponae (clearly signposted). Only two crew supporters per individual competitor and one per team will be permitted in transition areas.

#### No Pacing

Competitors are not permitted to receive any form of pacing at any time during the event.

#### Injuries and Replacements

A team member may be replaced before the start of the Challenge provided written notification is given to the organisers. Should a team member not finish a stage, the team will be allowed to complete the course but not qualify as a finisher, therefore being ineligible for placing prizes. The race bib must still be worn and the timekeeping marshal must be told.

#### Rubbish

Any competitor who intentionally drops rubbish on any stage will be disqualified.

#### General

All lost property will be taken to the race finish and if not claimed it will be kept for six weeks then given away. Contingency plans have been designed in case of inclement conditions. Competitors and support crews will be informed of any changes at the full race briefing. It is the competitor's responsibility to have safe equipment and the Race Director strongly advises all entrants to have their equipment serviced and checked by a qualified technician before the race.

A comprehensive list of prizes will be posted upon confirmation.

Competitors can only enter once, in one team for the Motu Challenge. Unless prior arrangement with the race committee/director has been made.

Entrants cannot change their structure of entry any time after the entry closure date. For e.g. Joe Blogs entered as an individual then on race briefing night decides to form a two person team. This cannot happen unless one week's notice has been made to the Race Director. Even then the decision is at the Race Director's discretion.

It is permissible to change the order in which your original team was entered, with notification to the race committee prior to the start of the race.

#### Assistance to Other Competitors

In an emergency situation competitors must render assistance to any other competitor and alert safety personnel of the situation.

#### Promotional Material

Participation in the Motu Challenge constitutes consent by each competitor to each competitor's name, and photos and/or videos of competitors, being taken and used by the organisers, officials and sponsors for promotional purposes.

#### Following Instructions

All competitors must follow all instructions of organisers and officials, and the judges' decision on any matter is final.

### **Page: Motu 160 and Duathlon**

All entrants must read the declaration accepting the terms and conditions of entry. Extra rules for Motu 160 and Long course duathletes are:

#### **SLOW ZONES**

All cyclists going through the kayak transition (T3) area near Oponae and cycle transition at the mouth of the gorge (T4) must slow down to 20km per hour. This is a congested area with cars stopping, cyclist dismounting, pedestrians crossing the road and kayaks being carried across the road. Anyone failing to do so will be disqualified from the race.

#### **OPOTIKI FINISH**

Cyclist approaching the finish line in Opotiki must take care at intersection especially if riding in a bunch. Race organisers will have marshals at the intersections please follow their instructions.